



# Queensland Advocacy Incorporated

Our mission is to promote, protect and defend, through advocacy, the fundamental needs and rights and lives of the most vulnerable people with disability in Queensland.

*Systems and Legal Advocacy for vulnerable people with Disability*

## What are the Access requirements for the NDIS?

- Do you have Australian residency?
  - an Australian citizen OR
  - hold a Permanent Visa OR
  - Hold a Protected Special Category Visa (you were in Australia on a Special Category Visa on 26 Feb 2001 or had been in Australia for at least 12 months in the 2 years immediately before 26 Feb 2001 and you returned to Australia after that day).
- Are you under 65 years old?
- Do you live in an area where the NDIS is available?
- Do you have an impairment or condition that you will have for the rest of your life?
- Do you usually need support from a person or equipment to do every day things for yourself because of an impairment or condition?
- Do you need support to?
  - Understand and be understood by other people?
  - Make and keep friends?
  - Cope with feelings and emotions?
  - Understand, remember and learn new things?
  - Catch a bus or train?
  - Get out of bed and move around your home and community?
  - Take a bath or shower, dress and eat?
  - Prepare a meal for yourself?
  - Do daily jobs, handle money and make decisions?
  - Participate in activities with other people?
  - Do the grocery shopping?
  - Clean the house and look after the gardens?

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QAI endorses the objectives, and promotes the principles, of the Convention on the Rights of Persons with Disabilities.

Patron: His Excellency The Honorable Paul de Jersey AC

## Early Intervention

- Do you have an impairment or condition that you will have for the rest of your life?  
OR
- Are you under 6 years of age with developmental delay that results in;
  - Substantially reduced functional capacity in one or more of the areas of self-care, receptive and expressive language, cognitive development or motor development and
  - Results in the need for a combination and sequence of special interdisciplinary or generic care, treatment or other services, which are of extended duration, and are individually planned and coordinated.
- There are no supports provided by other systems such as health or education?
- Would early intervention supports be beneficial in:
  - Reducing the impact of your impairment, condition or developmental delay?
  - Improving or reducing the impact of your condition?
  - Helping your family and carers to keep supporting you?

## What supporting documents or evidence are the NDIA looking for at Access?

- Letter of diagnosis
  - Adaptive functioning assessment (e.g. ABAS-3, Vineland3).
  - Communication assessment (e.g. CELF).
  - Behavioural and emotional assessment (e.g. BASC-3).
  - Cognitive assessments (WSC, WAIS or Stanford Binet).
- Functional assessments from health / allied health professionals;
  - Physical; GP, Occupational therapist, Physio Therapist, Surgeons, social worker.
  - Intellectual; psychologist, GP, Occupational therapist, social worker.
  - Psychosocial; psychiatrist, psychologist, GP, Occupational therapist, counsellor, social worker.
- Reports from Educational facilities; Functional assessments written by teachers, Guidance counsellor reports, IQ testing, Verification documents, Individual curriculum plans, or Incident reports.
- Supporting letter: Support workers or organizations, Individual, Family, Friends, Carers.
- Self-administered tests
  - World Health Organization Disability Assessment Schedule  
<http://www.who.int/classifications/icf/whodasii/en/>
  - Life Skills Profile 16 <https://www.amhocn.org/publications/life-skills-profile-lsp-16>

**Functional Assessment:** to gain an understanding and measurement of an individual's current knowledge and ability in activities of daily living.

- What you are unable to do or adjustments you have made to complete tasks.
- What support you require to complete tasks (reminding, physical support, equipment).
- What would assist you to live a better life in these domains?

### **Mobility**

- Walking
- Navigating obstacles
- Sitting
- Standing
- Mobility aids
- Fine motor skills
- Muscle control
- Range of motion
- Muscle strength and tone
- Grasp
- Endurance
- Appropriate motor responses
- Coordination

### **Communication:**

- Talking
- Understanding others
- Age appropriate conversation
- Following directions
- Written communication

### **Social Participation:**

- Keeping friendships
- Finding friends
- Family relationships
- Intimate relationships
- Social appropriateness

### **Self-care: the living skills necessary to maintain self**

- Showering
- Dressing
- Hygiene/ grooming
- Cooking
- Nutrition/ fluid intake
- Cleaning

### **Learning:**

- Attention and Concentration
- Memory
- Sensorimotor

### **Self-Management: high order purposeful activities completed to achieve self-development, social contribution and livelihood**

- Medication management
- Sleep patterns
- Emotional regulation
- Safety and security (handling sharps, poisons, using electricity and gas, etc.).
- Responsibility
- Problem solving
- Decision making
- Household management
- Financial management
- Clothing care/ laundering
- Shopping
- Planning and organizational skills
- Transport
- Orientation and direction
- Vocational paid work, volunteer, studies, and training

**Disclaimer:** *This publication is for general information only. It must not be relied on as legal advice. You must seek legal advice about your own particular circumstances.*

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