

IS SOMEBODY HURTING YOU?



**THE DISABILITY
VIOLENCE PROJECT**

Understanding Violence and your rights

HAS SOMEBODY HURT YOU?



By hitting you?

By pushing you?

By pinching or grabbing you?

By pinning you down?

NOBODY HAS THE RIGHT TO HURT YOU!



HAS SOMEBODY TRIED TO CONTROL YOU?



By stopping you from seeing family and friends?

By not giving you your medication?

By taking away your mobility aid?

By stopping you from spending your money?



NOBODY HAS THE RIGHT TO CONTROL YOU!

IS SOMEBODY TRYING TO SCARE YOU?



By telling you that **nobody will believe or help you?**

By saying they **will hurt you or someone you love?**

By saying they will **take away your belongings?**

By saying they will **send you or your children away?**



NOBODY HAS THE RIGHT TO SCARE YOU!

HAS SOMEBODY TOUCHED YOU WHERE YOU DON'T WANT TO BE TOUCHED?



Has somebody touched your private parts without your OK?

Has somebody made you do sexual things that you didn't want to?

Has somebody made you touch others when you didn't want to?

Has somebody made you have sex when you didn't want to?



NOBODY HAS THE RIGHT TO TOUCH YOU WITHOUT YOUR OK!

HAS SOMEBODY MADE YOU DO SOMETHING THAT YOU DIDN'T WANT TO DO?



Has somebody made you give them your money?

Has somebody made you have an operation or take medicine you didn't want?

Has somebody made you break the law?

Has somebody asked you to keep a bad secret for them?



NO ONE HAS THE RIGHT TO MAKE YOU DO ANYTHING YOU DON'T WANT TO DO!

THIS IS CALLED ABUSE OF POWER

This person could be somebody that you know, somebody that you love, somebody that you trust.



This person could be somebody in your family such as your **Mum or Dad, Sister or Brother, Girlfriend or Boyfriend or Family Friend.**





This person could be somebody that is meant to help you such as your **Support Worker, Doctor, Teacher or somebody at work.**

This could be somebody that you know such as your **Neighbour, Friend, Flat mate or somebody you have just met.**





It is important that you tell somebody
about what happened to you,

Somebody that you trust,

Somebody that will support you,

Somebody that will believe you.



This person may be,

A police officer,

A disability advocate,

A support person,

A family member or friend.

**IT IS IMPORTANT TO
KEEP TELLING YOUR
STORY UNTIL SOMEBODY
BELIEVES YOU.**



**IT IS IMPORTANT TO KEEP
TELLING YOUR STORY
UNTIL YOU ARE SAFE.**



REMEMBER

THERE ARE PEOPLE THAT
CAN HELP YOU

THERE ARE PEOPLE THAT
WILL BELIEVE YOU

THERE ARE PEOPLE THAT
CAN MAKE YOU SAFE

IS SOMEBODY HURTING YOU?

1800RESPECT

NATIONAL SEXUAL ASSAULT, DOMESTIC
FAMILY VIOLENCE **COUNSELLING** SERVICE

CALL '000' IN AN EMERGENCY



Queensland Advocacy Inc.

Queensland Advocacy Incorporated (QAI), is an independent, community-based, individual, systemic and legal advocacy organisation for people with disability in Queensland, Australia.

QAI's mission is to promote, protect and defend, through advocacy, the fundamental needs and rights and lives of the most vulnerable people with disability in Queensland.

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Illustrations by Hayley Marrs



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*This booklet contains general information about legal matters. The information is **not** legal advice and should not be treated as such.*



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