

# Access to leave

This fact sheet is about leave while you are under an involuntary mental health order in Queensland. The Mental Health Review Tribunal (MHRT) decides the types of leave you can have. This is then managed by your treating team based on a risk assessment. The lower the risk of harm to you or the community, the more leave you can access.

## Types of leave

Leave Type	What the leave type means for you
No leave	This means you cannot leave the inpatient ward or unit.
Escorted	<ul style="list-style-type: none"><li>Escorted <b>on grounds</b> means you can have leave on the grounds of the hospital with <b>staff</b>.</li><li>Escorted <b>off grounds</b> means you can have leave off the grounds of the hospital with <b>staff</b>.</li></ul>
Supervised	<ul style="list-style-type: none"><li>Supervised <b>on grounds</b> means you can have leave on the grounds of the hospital with an approved person, such as from a <b>Non-Government Organisation (NGO)</b> or your <b>family</b>.</li><li>Supervised <b>off grounds</b> means you can have leave off the grounds of the hospital with an approved person, such as from a <b>NGO</b> or your <b>family</b>.</li></ul>
Unsupervised	<ul style="list-style-type: none"><li>Unsupervised <b>on grounds</b> means you can have leave on the grounds of the hospital <b>without supervision</b>.</li><li>Unsupervised <b>off grounds</b> means you can have leave off the grounds of the hospital <b>without supervision</b>.</li></ul>
Overnight Leave	<ul style="list-style-type: none"><li><b>Supervised / Escorted</b> overnight leave means you can have overnight leave at an address approved in advance by your treating team with an approved person, such as from a <b>NGO</b>, your <b>family</b> or hospital <b>staff</b>.</li><li><b>Unsupervised</b> overnight leave means you can stay overnight at an address approved in advance by your treating team <b>without supervision</b>.</li></ul>
Community Category	This means you are living in the community.



High  
Risk

Low  
Risk

## Need help?

If you would like more information or legal advice about involuntary mental health treatment, please contact us.

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This fact sheet has been written by Queensland Advocacy for Inclusion (QAI), an independent, community-based systems and advocacy organisation for people with disability in Queensland.

This publication is for general information only. It must not be relied on as legal advice. You must seek legal advice about your own particular circumstances.