# Access to leave

**High**

**Risk**

**Low**

**Risk**

This fact sheet is about leave while you are under an involuntary mental health order in Queensland. The Mental Health Review Tribunal (MHRT) decides the types of leave you can have. This is then managed by your treating team based on a risk assessment. The lower the risk of harm to you or the community, the more leave you can access.

##  Types of leave

|  |  |
| --- | --- |
| Leave Type | What the leave type means for you |
| No leave | This means you cannot leave the inpatient ward or unit. |
| Escorted | * Escorted **on grounds** means you can have leave on the grounds of the hospital with **staff**.
* Escorted **off grounds** means you can have leave off the grounds of the hospital with **staff**.
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| Supervised | * Supervised **on grounds** means you can have leave on the grounds of the hospital with an approved person, such as from a **Non-Government Organisation (NGO)** or your **family**.
* Supervised **off grounds** means you can have leave off the grounds of the hospital with an approved person, such as from a **NGO** or your **family**.
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| Unsupervised | * Unsupervised **on grounds** means you can have leave on the grounds of the hospital **without supervision**.
* Unsupervised **off grounds** means you can have leave off the grounds of the hospital **without supervision**.
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| Overnight Leave | * **Supervised / Escorted** overnight leave means you can have overnight leave at an address approved in advance by your treating team with an approved person, such as from a **NGO**, your **family** or hospital **staff**.
* **Unsupervised** overnight leave means you can stay overnight at an address approved in advance by your treating team **without supervision**.
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| Community Category | This means you are living in the community. |

## Young black man in the background sitting on couch, he is leaning forward with hands together and elbows resting on his legs. In foreground is a psychiatrist sitting in a chair, wearing a suit and holding a clipboard and pen.Need help?

If you would like more information or legal advice about involuntary mental health treatment, please contact us.

 1300 130 582

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This fact sheet has been written by Queensland Advocacy for Inclusion (QAI), an independent, community-based systems and advocacy organisation for people with disability in Queensland.

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