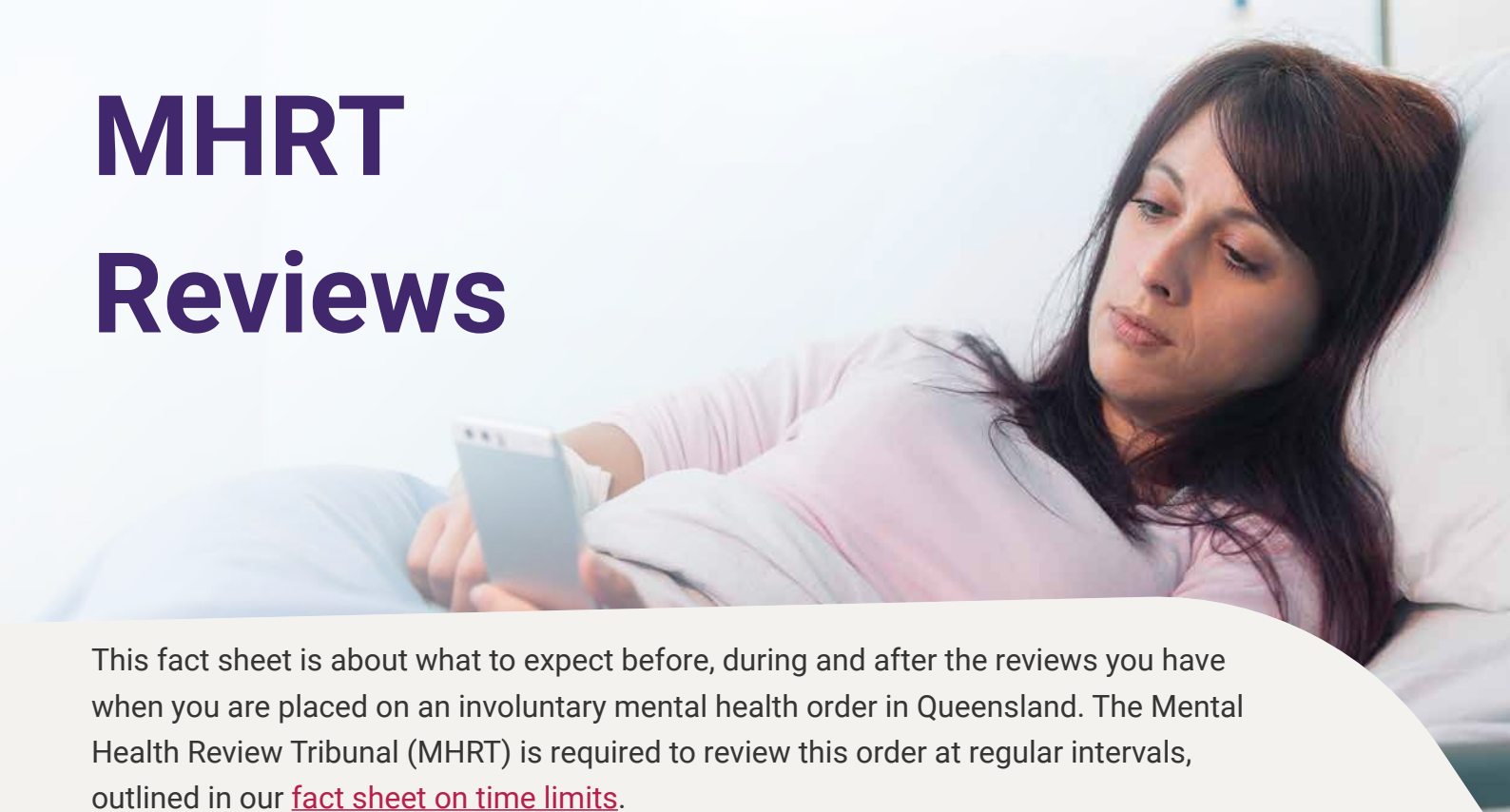


MHRT

Reviews



This fact sheet is about what to expect before, during and after the reviews you have when you are placed on an involuntary mental health order in Queensland. The Mental Health Review Tribunal (MHRT) is required to review this order at regular intervals, outlined in our [fact sheet on time limits](#).

Before a review

For every review you should be given these documents:

- 1 Clinical Report**
(prepared by your authorised doctor and given to you before your review)
- 2 Notice of Hearing with a blank Self Report Form**
(sent to you by the MHRT)

Clinical Report

You should receive your clinical report from your treating team 7 clear days before the Review. This means there should be 7 full days between the day you receive the clinical report and the day of the review. If you have any questions about what the treating team has said or are recommending to the MHRT, you can ask them about it.

Self Report

You can also give the MHRT a Self Report. The MHRT will send you a Notice of Hearing with the Self Report form attached to it, for you to fill out and return or bring to your review. A Self Report can be helpful to put your thoughts about the involuntary order in writing before the review.

This means the MHRT can consider your Self Report along with any other relevant documents or material you may wish to provide.

Other documents

Make sure you only provide documents that are relevant to your involuntary order, such as reports from your private psychiatrist, general practitioner (GP) or psychologist. You can ask your treating team to submit these documents to the MHRT before your review.

If you are on a Treatment Authority, you can also ask for a copy of the Treatment Authority from your authorised doctor and/or the MHRT.

At a review

At the review the MHRT will listen to information from you and your treating team. They will then make a decision about your involuntary order. The MHRT have a video that covers what happens at a review and what you can expect. You can [find that video here](#).

If you want legal advice or representation and are unable to get it in time for your review, you can ask the MHRT to adjourn. You can [find our fact sheet on requesting an adjournment here](#).

After a review

If the review was adjourned make sure you contact QAI as soon as you receive your new review date to see if we have capacity to assist you. If we can't provide representation, you can ask for an advice appointment and we can help you with talking points.

If the review went ahead and you are unhappy with the decision, you have 60 days from the date you receive the written decision to lodge an appeal to the Mental Health Court.

If you do not agree with the decision you can send a written request for a Statement of Reasons (SOR) from the MHRT at any time. However, we recommend you request this document as soon as the hearing is over, in writing and by post to:

Mental Health Review Tribunal
PO Box 15818 City East, Brisbane QLD 4002

Once you have the SOR, you may wish to contact QAI for legal advice about your chances with an appeal or other available options.



Need help?

If you would like more information or legal advice about involuntary mental health treatment, please contact us.

 [1300 130 582](tel:1300130582)

 qai@qai.org.au

 qai.org.au



This fact sheet has been written by Queensland Advocacy for Inclusion (QAI), an independent, community-based systems and advocacy organisation for people with disability in Queensland.

This publication is for general information only. It must not be relied on as legal advice. You must seek legal advice about your own particular circumstances.

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